




All Vegetables are to be served with 1 low fat dressing packet

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
LABOR DAY (No School)				
8	9	10	11	12
 Watermelon	Gala Apples	Cherry Tomatoes	Carrot Sticks	Pear
15	16	17	18	19
Blackberries	Zucchini	Red pepper	Red Delicious	Endive 
22	23	24	25	26
Cantaloupe	Mushrooms	Jicama	Granny Smith	Blood Orange
29	30	1	2	3
Apple	Sliced Beets			

### What is FFVP?

The Fresh Fruit and Vegetable Program aims to increase Fruit and Vegetable consumption among students. FFVP began as a pilot program in 2002 and was converted into a nationwide program in the Food, Conservation, and Energy Act of 2008 also known as the Farm Bill.

The Goals of the program is to introduce school children to a variety of produce that they otherwise might not have the opportunity to sample. In addition, to help children live healthy lives by eating fruits and vegetables as snacks.

Everyone plays a part of making this program a success.

Please encourage the students to try the different items being offered.

With your help we can make this a fun experience for everyone!